

Republic of the Philippines

Department of Education region x

DIVISION OF CAGAYAN DE ORO CITY

RELEASED

MAR 03 2022

Office of the Schools Division Superintendent

March 2, 2022

MEMORANDUM No. 44 s. 2022

"NANAY, TATAY, OKAY KA BA DIYAN?": A WELLNESS CHECK FOR PARENTS

TO:

SCHOOL PTA/SGC COORDINATORS ALL SCHOOL HEADS/ PRINCIPALS PUBLIC ELEMENTARY SCHOOLS

This Division

- 1. Relative to the herein invitation letter from the Local School Board of Cagayan de Oro City, you are hereby requested to register the names of the four (4) parent representatives from Kinder to Grade 3 levels (one representative from each grade level) and ensure their participation to the virtual conduct of "Nanay, Tatay, Okay ka ba Diyan?": A Wellness Check for Parents this coming March 5, 2022, 9:00 AM- 12NN via Zoom platform.
- 2. Kindly register on or before March 4, 2022 at 12 NN using the following link:

https://bit.ly/PWCregister

3. You may access the following link of the said activity on Saturday, March 5, thru:

https://bit.ly/PWCzoom

- 4. In adherence to Equal Opportunity Policy (EOP), inclusive and fair treatment shall be accorded to all concerned / participants regardless of disability, sexual orientation, gender, age, sex, religion and ethnicity.
- 5. For your information, guidance and compliance.

CHERRY MAE L. LIMBACO-REYES

Schools Division Superintendent

Encl.: As stated Reference: None To be indicated in the <u>Perpetual Index</u>

under the following subjects:

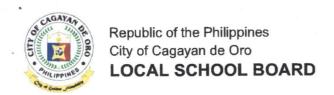
PROGRAMS

PTA WELNESS

ehc/rhf/rrv



Address: Fr. William F. Masterson Avenue, Upper Balulang, Cagayan de Oro City Telephone: (08822) – 8550048





21 February 2022

DR. CHERRY MAE LIMBACO-REYES

Schools Division Superintendent
Department of Education – CDO Division

Dear Dr. Reyes:

Greetings of peace and good health!

The Local School Board, in partnership with Synergeia Foundation, Inc. and City Social Welfare and Development Office - Oro Citizen's Wellness and Development Center, is organizing the "Nanay, Tatay, Okay Ka Ba Diyan?": A Wellness Check for Parents this coming 05 March 2022 at 09:00 am - 12:00 nn via Zoom. This parent's webinar aims to assess the status of our parents during this distance learning mode of education, being implemented for almost two (2) years of the COVID-19 pandemic. We aim to provide our participants with support on how to protect their well-being under this difficult time.

As such, we would like to ask for your assistance in inviting four (4) parents or guardians from each elementary school in the city; preferably parents or guardians of Kinder and Grades 1, 2, and 3 students.

Moreover, we cordially invite you to be part of this webinar by giving us your 2 minutes of prerecorded Closing Remarks video.

Below are the webinar's Zoom details:

• Link: https://us02web.zoom.us/j/89633867488?pwd=Y1BNRk9hSmI4RUZEWUI2ZnJq0Gp6Zz0

Meeting ID: 896 3386 7488

Passcode: 220305

Attached with this letter is the webinar's program flow. Kindly submit your pre-recorded message to educfocal.cdolsb@gmail.com on or before 03 March 2022. Should you have any inquiries, you may contact our staff, Ms. Dinah Jill Galleros, through her mobile number: 0999-920-8386.

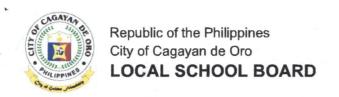
Looking forward to your support. Daghang salamat!

Very truly yours,

MARIA DULCE T. POTENCIANO

Executive Director

Mobile No. 0920 545 3764





PROGRAM FLOW: "NANAY, TATAY, OKAY KA BA DIYAN?" A WELLNESS CHECK FOR PARENTS

TIME	ACTIVITY	POINT PERSON/SPEAKER
9:00 - 9:05 am	Preliminaries	
5 mins	 Prayer 	LSB Secretariat
	 House Rules/Call Norms 	
	 Photo Op 	
	•	
9:06 - 9:08 am	Welcome Messages	Mayor Oscar S. Moreno
2 mins		CDO Mayor
9:08 - 9:10 am	Inspirational Message	Dr. Milwida 'Nene' Guevara
2 mins	mspirational ressage	CEO, Synergeia Foundation
L mins		abo, synergeta i bandation
9:11 - 9:20 am	Workshop Rationale and	Ms. Maria Dulce T. Potenciano
10 mins	Introduction of the Guest Speaker	Executive Director, LSB
		-
9:21 - 9:26 am	Presentation of Breakout Guide	Ms. Rhyselle Bernadette Melliza-Descallar
5 mins	Questions	Head of Office / Psychiatric Nurse-OCWDC
9:26 - 10:10 am	Breakout Session	Facilitators Documenters
45 mins		
	PLENARY SESSI	ON
10:11 - 10:30 am	2-minute Synthesis of the Group	Facilitators
20 mins	Discussion	
10:31 - 11:15 am	Wellness Talk	Ms. Rhyselle Bernadette Melliza-Descallar
45 minutes		Head of Office / Psychiatric Nurse-OCWDC
	*	
11:16 - 11:30	Q & A	Ms. Rhyselle Bernadette Melliza-Descallar
15 mins		Head of Office / Psychiatric Nurse-OCWDC
		Parents
11:31 - 11:33	Closing Remarks	Dr. Cherry Mae Limbaco-Reyes
2 mins	经验证证证证据 1000年1月1日 1月1日 1月1日 1月1日 1月1日 1月1日 1月1日 1月1日	Schools Division Superintendent, DepEd CDC
	公共的公司	
Total Duration:		
2 hours and 33 m	inutes	