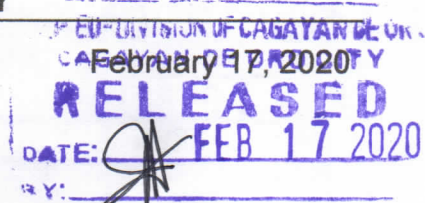




Republic of the Philippines
Department of Education
REGION X
DIVISION OF CAGAYAN DE ORO CITY

Division Advisory
No. 14 s. 2020



SEMINAR ON UNDERSTANDING AND INCLUSION FOR AUTISM AND ADHD

**TO: ELEMENTARY AND SECONDARY ADMINISTRATORS
SPECIAL EDUCATION TEACHERS
This Division**

1. Attached is a letter invitation from Ms. Marie Aster Agustin-Tanghal, Directress Behavior Management Consultant, The Center for Behavioral Support, CDO, inviting administrators, teachers and parents to a seminar on the following topics:
 - "Understanding Autism and ADHD; How to Manage the Changing Behaviors" on March 13, 2020, 1:00 to 5:00 PM at Philtown Hotel,
 - "Inclusion for Autism and ADHD: Techniques and Strategies to Effectively Ingrate them in School" on March 14, 2020, 8:00 to 12:00 noon at Philtown Hotel.
2. Should you have any concerns, you can call Ms. Shai at 09268448609.
3. For information and guidance.

CHERRY MAE L. LIMBACO
Schools Division Superintendent

To be indicated in the Perpetual Index under the following subjects:
SPED Program- A Seminar on Behavior for Autism and ADHD
cid/ jsm



Address: Fr. William F. Masterson Avenue, Upper Balulang, Cagayan de Oro City
Telephone: (08822) – 8550048



The Center for Behavioral Support

3rd flr P&J Lim Building, Tiano Brothers Corner Kalambaguhan, Cagayan de Oro City 9000
Tel No. 0917 – 888 – 1246 email: cbscdo@cbsintervention.com website: www.cbsintervention.com

Dr. Cherry Mae Limbaco, Ph. D, CESO V
Schools Division Superintendent
Department of Education
Cagayan de Oro City

February 7, 2020

DepEd
CAGAYAN DE ORO CITY DIVISION
Received by: _____
Date: FEB 07 2020
Time: 2:17

RE: AN INVITATION LETTER TO TEACHERS, SCHOOL ADMINISTRATORS, AND PARENTS

Dear Ma'am/Sir:

We would like to take this opportunity to invite you, The Center for Behavioral Support - Cagayan de Oro City has organized a seminar on the following topics:

- **"Understanding Autism and ADHD: How to Manage the Challenging Behaviors"** on March 13, 2020 at Philtown hotel at 1:00 to 5:00pm
Registration 800 inclusive of manuals, certificate and snacks
- **"Inclusion for Autism and ADHD: Techniques and Strategies to Effectively Integrate them in School"** on March 14, 2020 at Philtown hotel at 8:00 to 12:00nn
Registration 800 inclusive of manuals, certificate and snacks

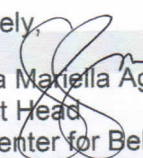
The invited speaker is Mr. Mark Saballa, a renowned expert in the field of psychology and in behavior management. He is also an author and a life coach. The following topics to be discussed are very timely and relevant especially to parents and professionals.

We have included in this letter a brochure that serves as an invitation and for you to invite your friends and/or help us reach people who you think needs help. For those who would be interested in attending both seminars, the **Registration 1500 php**. All seminar rates are discounted for early bird registration.

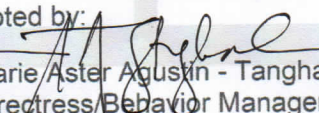
Should you have any concerns or would want to reserve a slot or pay, please contact **Miss Shai at 09268448609. LIMITED SLOTS ONLY**

We wish to give light to you in this matter and we hope to see you.

Sincerely,


Shaina Mariella Aguilar
Project Head
The Center for Behavioral Support, CDO

Noted by:


Marie Aster Agustin - Tanghal
Directress/Behavior Management Consultant
The Center for Behavioral Support, CDO



ABOUT THE SPEAKER

MARK P. SABALLA

Consultant/ Founder, CBS

"Mr. Mark Saballa, regarded as a child whisperer, is the founder of The Center for Behavioral Support." Through his philosophy and ideals, the CBS system has been defined and designed to empower individuals with adaptive challenges. For almost two decades of intensive involvement in the intervention community, he has seen the limitations of traditional approaches and from there, his genuine passion to reach out, touch lives and make a positive difference was materialized, thus making of The Center for Behavioral Support.

UNDERSTANDING AUTISM AND ADHD

HOW TO MANAGE THE CHALLENGING BEHAVIOR



Lecture Series

- Providing the right environment
- The need of exposure and experience

ADHD

- Managing hyper activity and inattention
- Providing school and home support
- Behavioral Management approaches to address poor motivation

AUTISM

- Addressing the core issues of autism
- Building a custom—fit program for the child
- How to communicate and interact with the child
- How to handle challenging behaviors

INCLUSION FOR AUTISM AND ADHD



We have heard parents. We have heard teachers. Inclusion is not as easy as it sounds. This topic has been up for much debate. How does inclusion really work? Is there a way to make it effective? To what extent? Is it constructive? Does it benefit the child? Is it realistic in a classroom setting? These are the very questions that will be discussed by our resource speaker. In this topic, we will be discussing about the successes and challenges of families and schools who went through the path of inclusion. Learn ways and strategies to make it a learning and fulfilling experience for everyone.

UPCOMING EVENTS and SEMINARS

- **Behavior Management for Autism and ADHD: What works and what doesn't**
- **Home Program for Autism and ADHD**
- **POSITIVE DISCIPLINE: 9 Parameters to Teach Children in School and in Home**
- **Stress Management for Parents**

Welcome to the



Play LAB

What is a Play Lab?

It is a facility that provides controlled conditions in which procedures and measurements of play behaviors can be performed. It is suited with facilities and equipment that stimulate the function of the brain at its optimum. Responses can then be quantified to determine the area of developmental competence and the appropriate program to be designed.

What is Play Coaching?

It is a structured protocol of play where parameters and guidance are set within the child's chosen or preferred activity. It is a balance between a child-directed approach and a teacher-directed learning. It highlights on co-regulative behaviors as one of the essential requirements in social integration.



What are the skills to teach?

Self-regulation is the ability to moderate one's thoughts, feelings and actions.

Co-regulation is the ability to follow the lead of others as a learning partner.



Most Common Challenges that Families Encounter with Children

1. Could not follow classroom instructions or teacher directed tasks.
2. Resorts to temper tantrums as their way of insistence.
3. Could not sit still and has a high level of activity.
4. Has a difficulty in controlling ones emotions.
5. Has difficulty communicating or expressing one's ideas or intentions.
6. Has an addiction to gadgets, computers and social media.
7. Has consistent failing grades.
8. Has social phobias and does not want to enter school.
9. Has severe aggression towards self, peers of family members.
10. Has been diagnosed with a developmental condition that hampers one's ability to learn and function.
11. Has poor motivation and needs constant encouragement and reminders.
12. Has poor self-management skills and needs constant prompting and assistance.
13. Has low self-esteem and no confidence to perform challenging tasks.
14. Has poor social skills and could not relate effectively with other people.
15. Does not acknowledge and resists authority figures.

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The Center for Behavioral Support
Cagayan de Oro City

"Bringing out the best in people"

Seminar Invitation on:

A Seminar-Workshop Autism and ADHD

UNDERSTANDING
AUTISM AND ADHD
HOW TO MANAGE THE CHALLENGING BEHAVIOR



MARCH 13, 2020
1PM TO 5 PM
PHILTOWN HOTEL
REGISTRATION: 800PHP

INCLUSION
FOR AUTISM
AND ADHD



MARCH 14, 2020
8AM TO 12NN
PHILTOWN HOTEL
REGISTRATION: 800PHP

Attend two (2) Seminars for only 1500php



Bring a friend
and get 50php
off your
registration fee



The Center for Behavioral Support - CDO

3rd flr P&J Lim Bldg, Tiano Kalambuguhan
Cagayan de Oro City

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Landline: (088) 882 2190

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Facebook: <https://www.facebook.com/CBSCDO>